



'Our love should not be just words and talk; it must be true love, which shows itself in action'. (1 John 3:18)

SPRING 1 : Issue 5

4<sup>th</sup> February, 2022

Dia Dhuit!

What a busy week we have had here at school! Monday started with Rockingham's trip to Whipsnade. They had a fantastic time learning all about animal behaviour and enjoyed the day immensely. Lilford will soon be visiting the zoo too, we look forward to hearing all about their adventures!

Deene have also been very busy and took a trip to Tesco this week to buy lots of shopping for their

Chinese New Year celebrations. They bought lots of delicious food and dressed up in their best clothes to celebrate together. Later in the day, the children made a Chinese dragon and journeyed around the school. It was great to see the bright colours and hear the beat of the music as they moved.

Lampport have also had a very interesting week and spent Wednesday afternoon mummifying oranges. The children

enjoyed getting messy and learning all about this ancient practice.

I cannot believe that we are already nearing the end of the term. The evenings are finally getting a little lighter and the weather is already feeling more spring-like. I hope that you enjoy your weekend and look forward to seeing you all next week for another exciting week before half term!

Miss Birch, Headteacher



Chinese New Year





## MUFTI DAY

To celebrate Children's Mental Health Week, we will be holding a  
**MUFTI DAY**

Next Friday, 11<sup>th</sup> February, 2022 when the children may

### DRESS TO EXPRESS

(wear muti which expresses their personality!!).

There will be a collection box in the playground as we will be raising money for Young Minds which is a charity whose aim it is to ensure that young people get the best possible mental health support and have the resilience to overcome life's difficulties.

Further details of Young Minds can be found at:

<https://www.youngminds.org.uk/>

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## SECOND HAND SCHOOL UNIFORM

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Still available, please email with your requirements:  
[bursar@gt-addington.northants-ed.gov.uk](mailto:bursar@gt-addington.northants-ed.gov.uk)



# The Stars of the Week



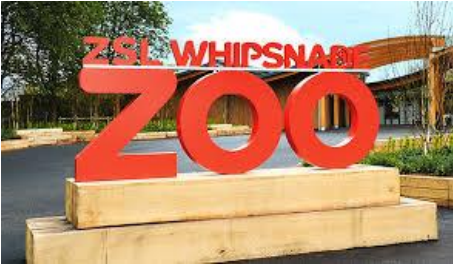
We break for Half Term on  
Friday 11<sup>th</sup> February,  
returning to school on  
Tuesday 22<sup>nd</sup> February –  
Monday 21<sup>st</sup> being a  
TRAINING DAY.



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## LILFORD CLASS

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We have arranged to take Lilford Class to Whipsnade Zoo **NEXT Tuesday, 8<sup>th</sup> February** as part of their "Around the World in 80 days studies and work on Continents.

Departure from school will be at the earlier time of 8.30 am and the children will need to wear very warm clothing, (joggers/school sweatshirt/coat/hat/gloves etc, together with good walking shoes). Please do not order a lunch on that day as they will be provided with a packed lunch.

Return to school will be at the slightly later time of 3.15 pm.

We are asking for voluntary donations of £10 towards entrance and transport, which will be by school minibus. Please log on to Parent Pay to make payment and give permission for your child to take part in this exciting school trip.

### WANTED – FACES

Lilford Class would like pictures of faces from magazines if they could be brought in by the children for next week.  
Thank you.



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## LAMPORT CLASS

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### LAMPORT CLASS RESIDENTIAL TRIP TO WHITEMOOR LAKES

A reminder please that the final balance is now overdue on the Lamport Class trip to Whitemoor Lakes. The total balance is £125, with £30 deposit payments being made last year, leaving the balance of £95 which was due by the end of January. Payments can be made via Parent Pay.

The children will be bringing home a booklet giving full details of this exciting trip.

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## ROCKINGHAM CLASS

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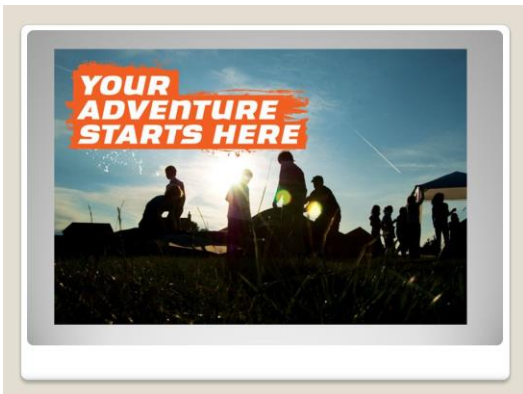
### RESIDENTIAL TRIP TO THE ISLE OF WIGHT

Reminder that the next instalment of £50 towards the cost of this residential trip is due by Half Term. Thank you.



### BIKEABILITY TRAINING FOR YEAR 6

The year 6 children should have brought home details of Bikeability Training which has been arranged by the school, commencing 16<sup>th</sup> May, 2022. Please ensure that you sign and return the Consent Form to school by next Friday, 11<sup>th</sup> February if your child would like to be included in this training. They must have a road-worthy bike and helmet to take part.



### ROCKINGHAM CLASS DAYS AT THE FRONTIER CENTRE

The children should also have brought home details of two exciting full days which we have been offered by the Frontier Centre at a greatly reduced cost. Please ensure you complete and return the permission slips as soon as possible and note the Kit List for the proposed activities.

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## PSA

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A big THANK YOU to all who supported the Rainbow Hamper Raffle which the PSA organized. From donating the items to buying the raffle tickets – your support was much appreciated, and the WINNERS were all very pleased!

## Sunday Worship



Accession Day (70<sup>th</sup> Anniversary of HM Queen's Succession)  
6<sup>th</sup> February 2022

8.00 am	Holy Communion	Irthlingborough
9.15 am	Holy Communion	Little Addington
9.15 am	Morning Prayer	Great Addington
10.30 am	Holy Communion and Sunday School (also webcast) <a href="https://www.facebook.com/stpetersirthlingborough">https://www.facebook.com/stpetersirthlingborough</a>	
10.45 am	Holy Communion	Woodford



### FOUND

Left at Addingtons Playing Field yesterday  
afternoon.

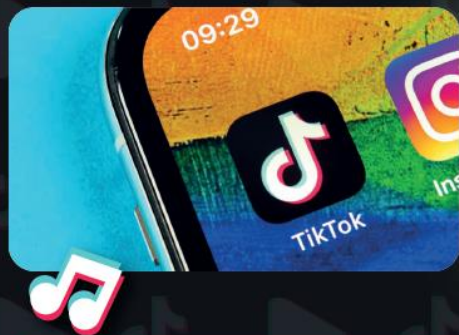




TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around 800 million active users worldwide.



## What Parents & Carers Need to Know About



# TIKTOK



### AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – so it is possible for a child to be exposed to explicit and age-inappropriate content.



### EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and want to imitate any explicit language or suggestive actions.



### TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be 'the next big thing' will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



### HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.



### ADDICTIVE NATURE

Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep you intrigued about what's coming next mean it's easy for a 5-minute visit to turn into a 45-minute stay.



### IN-APP PURCHASES

There's an in-app option to purchase 'TikTok coins', which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £99 bundle. Buying coins is now restricted to over-18s – but TikTok doesn't require users to verify their age on sign up, so a young person could easily access this feature if they were determined to.





# Advice for Parents & Carers

## TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.



## MAINTAIN PRIVACY SETTINGS

In early 2021, TikTok changed the default setting for all under 16s' accounts to 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 16s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.



## ENABLE FAMILY SAFETY MODE

'Family Safety Mode' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok refreshed its Safety Centre in May 2021, providing new resources for parents and carers to support online safety among families. These resources can be found on their website.



## USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.



## LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.



## MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.



## Meet our expert

Parven Kaur is a social media expert and digital media consultant who is passionate about improving digital literacy for parents and children. She has extensive experience in the social media arena and is the founder of Kids N Clicks: a web resource that helps parents and children thrive in a digital world.



SOURCES: [www.tiktok.com](https://www.tiktok.com)



[www.nationalonlinesafety.com](https://www.nationalonlinesafety.com)



[@natonlinesafety](https://twitter.com/natonlinesafety)



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